

## Painting with Brenda Kidera

### WATERCOLOR – BASIC SUPPLY LIST

***You will not need all of these supplies. See the list for your individual class later in this document to see what is required.***

For Easy Ordering and to save money, visit [www.DickBlick.com](http://www.DickBlick.com)

- \* Under the **For Educators** tab (in blue)
- \* Click on **Blick U**
- \* Under **Students**: Click on **Find your Blick U Course Supply List Here!**
- \* State: **MARYLAND**
- \* School name: **Brenda Kidera Fine Art** and press the **Search** button.
- \* At the bottom of the page, click on **Watercolor Classes with Brenda Kidera** and my entire supply list will pop up for ordering!

### Basic Supplies needed for all classes:

These are all on the Blick supply list above.

Paints – See individual class supply list for colors.

My standard palette includes the following (Winsor & Newton Artist Grade brand except where otherwise noted), but you will not need all these colors:

Cadmium Yellow Pale, Gamboge Hue (Daler Rowney brand), Raw Sienna, Opera Rose, Winsor Red, Alizarin Crimson, Burnt Sienna, Cobalt Blue, Cerulean Blue, Winsor Blue Green Shade, Pyrrol Orange, French Ultramarine, Sepia, Hookers Green Deep (Grumbacher's Finest Artist Grade brand), Green Gold (Daniel Smith Brand)

Brushes – Robert Simmons White Sables – Series 785 Rounds, Series 750 Liners, Series 721 Flats, Series 752 Oval Flats

Palette – I use a large butcher tray style, 11x15"

Pencil - #2

White "Magic Rub" Eraser (Staples sells or DickBlick)

Kneaded Gum Eraser

Water container

Paper Towels

White Artist's or Painters masking tape—1/2" is fine

Spray bottle- old Windex bottle or smaller will do

Masking fluid: Pebeo brand is my favorites: Don't buy the type with pink fluorescent dye in it.

Rubber cement pick-up (to use to remove the masking fluid)

Small travel bar soap (to use with masking fluid)

Graphite Transfer Paper - Gray (you can buy at class \$2)

Hair dryer

Ruler

White Artists Tape 3/4 (or beige masking tape)

Graphite Paper: Seral in a 12"x12" roll OR (I sell single sheets 18x24" at class for \$2)

Other Suppliers:

[www.cheapjoes.com](http://www.cheapjoes.com) 1-800-227-2788 [www.JerrysArtarama.com](http://www.JerrysArtarama.com) 1-800-827-8478

## Painting with Brenda Kidera

# OIL PAINTING BASIC SUPPLY LIST - page 1/2

***You will not need all of these supplies. See the list for your individual class later in this document to see what is required.***

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- \* Under the **For Educators** tab (in blue)
- \* Click on **Blick U**
- \* Under **Students**: Click on **Find your Blick U Course Supply List Here!**
- \* State: **MARYLAND**
- \* School name: **Brenda Kidera Fine Art** and press the **Search** button.
- \* Click on **Oil Classes with Brenda Kidera** and my entire supply list will pop up for ordering!

## Basic Supplies needed for all classes:

- \*Paints
- \*Gamsol
- \*Brushes
- \*Table Easel
- \*Mahl Stick –see next page
- \*Pencils - #2
- \*White “Magic Rub” Eraser (Staples sells or DickBlick)
- \*Kneaded Eraser
- \*Container to hold odorless mineral spirits (Gamsol) for brush cleaning
- \*Paper Towels, rags for cleanup
- \*White Artist’s or Painters masking tape–1/2” is fine
- \*Small travel bar soap or Masters Brush Cleaner (to clean your brushes)
- \*Graphite Transfer Paper - Gray (you can buy at class \$2)
- \*Newspapers or plastic tablecloth to protect tables
- \*Palette
- \*Liquin
- \*Canvas/board or whatever substrate you choose
- \*Pastel Pencils/Sticks for transferring image/drawing

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## **Brushes: Bring any you have.**

I put a few on the list that I use and that aren’t that expensive. The Galeria are actually called ‘acrylic’ brushes, but I find they hold their shape well and are a cross between bristles and sables. A small round #2 for details (I use the Robert Simmons white sable watercolor brushes for this). Larger filberts (I prefer) or flats in about a size 4 and 12 would be a good start. Robert Simmons, Winsor & Newton, Blick Masterstroke are good brands.

## **Gamsol**

I highly recommend Gamsol (Odorless Mineral Spirits) because it is the safest turpentine substitute. It is used both for painting and cleanup. Turpenoid is another product you could use. No regular turpentine is allowed in the room – the fumes are toxic.

## **Medium**

Liquin is a medium for thinning oil colors and speeds drying time. It also helps in glazing and fine detail work.

## OIL PAINTING BASIC SUPPLY LIST - page 2/2

### **Paint**

I use primarily Winsor & Newton Artist grade (student grade paints have less pigment and more filler). A standard palette consists of the following colors:

Titanium White, Cadmium Yellow Light, Yellow Ochre, Cadmium Orange, Cadmium Scarlet, Alizarin Crimson, Burnt Sienna, Cobalt Blue, French Ultramarine, Prussian or Thalo Blue, Sap Green, Burnt Umber, Ivory Black.

### **Palette**

I use an oval wood palette which has been prepped with two coats polyurethane to seal. You can purchase a pad of disposable palette paper (preferably gray, not white, which is on the Blick list), or if you don't want to invest in one, use wax paper taped to a piece of cardboard or wood board. You can also use a Masterson type palette box which would hold your palette paper and be sealable to save on paint by keeping it wet for a longer period.

### **Canvas Panels, Stretched Canvas, Hardbord**

There are a lot of options. See the supply list for each class for what is required/recommended. See below on how I prepare my surface.

### **Table Easel**

The community center does not have easels so it would help you if you bring one. There are lots of choices! There are simple aluminum ones like the Testrite \$33, Jullian Table Easels which are oiled beechwood \$15-\$60, floor easels, Jullian travel box easels for floor or table which hold supplies \$140, Jullian table easels with box \$80... I work with a floor easel with the painting perfectly vertical.

**Mahl Stick** – *Purchase a 5/16" diameter, 3' long wooden dowel stick from a hardware store.* A mahl stick is useful to steady your hand when painting detail or when painting in a large area where the paint is still wet and you want to avoid touching the surface accidentally.

### **Paper towels or rags/old bath towels/washrags & Table Cover**

Paper towels for cleaning up, bath towels for wiping your brushes. Baby wipes work well for getting paint off your skin. Bring a cheap thin plastic disposable party tablecloth for the table.

**Palette Knife** to scrape off your palette after use.

**Pastel Pencils/Sticks** for transferring the image/drawing to your surface: Stabilo CarbOthello Pastel Pencils: *Gray 3, Titanium White*; Prismacolor NuPastel Color Sticks: *White, Warm Medium Grey*

### **How to Prepare Your Surface**

**Ampersand Hardbord:** This surface comes unprepared and will need priming. I prime four times with gesso applied with an inexpensive foam brush from the hardware store. Dry between coats. Apply vertically, then horizontally, then vertically, then horizontally. This creates a fine linen texture. After drying, coat twice with the ground mixture below. Tip: wrap foam brush in plastic wrap or bag so you don't need to wash it in between coats.

**Ampersand Gessobord:** This surface comes prepared with gesso, but the surface is smoother than I personally like. I prime twice with gesso as described above. This creates a fine linen texture. After drying, coat twice with the ground mixture below.

**Canvas:** This surface comes prepared with gesso but I apply a ground (below).

**Ground:** This seals and tones the canvas with a neutral gray. I mix batches in a squirt bottle.  
1/3 Part Water, 1/3 Part Gesso, 1/3 Part Matte Medium, enough black **ACRYLIC** paint to make a mid-tone gray. Go easy adding the black paint! Shake thoroughly and test the color.

## Painting with Brenda Kidera

# ACRYLIC BASIC SUPPLY LIST – page 1/2

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- \* Click on **Blick U**
- \* Under **Students**: Click on **Find your Blick U Course Supply List Here!**
- \* State: **MARYLAND**
- \* School name: **Brenda Kidera Fine Art** and press the **Search** button.
- \* Click on **Acrylic Classes with Brenda Kidera** and my entire supply list will pop up for ordering!

### **Basic Supplies needed:**

- \*Pencils - #2
- \*Kneaded Eraser
- \*Paper Towels
- \*Hair dryer
- \*Ruler
- \*Old Toothbrush
- \*Graphite Transfer Paper - Gray (you can buy at class \$2)
- \*White “Magic Rub” Eraser
- \*Water container
- \*White Artist’s or beige painters masking tape—1/2” is fine
- \*Newspapers or plastic to protect tables
- \*Cheap foam brush for prepping substrates with gesso
- \*Spray bottle- old small fine misting spray bottle

### **Brushes:** Bring any you have

Acrylic brushes or Watercolor Brushes – Various sizes. Suggested if purchasing: Flats: A 1” for large washes. 1/2” one stroke brush.

Rounds: Robert Simmons synthetic white sable brush, size #14 or #12, plus a #6 or #8.

Detail brush: Robert Simmons synthetic white sable brush in #4 or #2 plus:

Script: A white sable script #2.

Bristle Brushes: Old oil painting brushes are good – a 1/2” flat – something stiff and doesn’t have to be in good condition or buy an inexpensive oil bristle brush.

### **Paint**

White Acrylic Gesso 8oz ..... 00618-3005

Golden Fluid Acrylics:

You can either buy a set of 10 @ 1oz bottles ..... 00638-1009

*(this set does not include all of the following recommended colors)*

### **(or) Recommended Purchase:**

4oz Golden Fluid bottles in the following colors:

Titanium White, Bone Black Diarylide Yellow, Yellow Ochre, Pyrrole Red, Anthraquinone Blue, Quinacridone Magenta, Jenkins Green, Ultramarine Blue, Cerulean Blue. Optional: Green Gold

If you have tube acrylics already and have a basic set of colors you can begin with those, but the *fluid acrylics are much easier to use and contain just as much pigment*. If trying to save money, you can use your gesso as your white.

## ACRYLIC BASIC SUPPLY LIST – page 2/2

### **Palette**

I highly recommend the Masterson Stay-Wet palette -- 03029-0000 -- it keeps your paints moist for easily a week or more and you waste less paint. *This basic set includes the palette with lid, sponge and 5 sheets of palette paper which will last you awhile.* If you don't want to invest in one, a white paper or foam plate works fine too.

### **Canvas/Board/Paper**

I usually work on Ampersand hardboard. You can also work on watercolor paper, canvas, or illustration board. ***If you are working on a paper substrate such as watercolor paper or illustration board, you will need to prep the surface with a couple coats of gesso before bringing to class.*** Bring extra to practice on. I've put a few supplies on the Blick List from which you can choose.

## Watercolor Holiday Cards with Brenda Kidera

**18 yrs + / 5 classes starting Sep 4 / \$8 ref. materials**

Back by popular demand! From NEW reference materials (that are provided), learn to build a painting using step-by-step instructions and demonstrations. Once complete, you can have the painting printed as cards in time to send out for the holidays. Elementary knowledge of watercolor necessary. Reference material fee due at first class. Bring your own supplies.

**Gary J Arthur Comm Ctr 9:30 AM-12:30 PM**  
**Tuesdays Sept 4, 11, 18, 25, Oct 2**

### Supply List

#### **PAINTS:**

Winsor & Newton ARTIST'S GRADE unless otherwise noted:

|                                      |   |
|--------------------------------------|---|
| Alizarin Crimson Or Quinacridone Red | Winsor Red  |
| French Ultramarine Blue              | Cerulean Blue   |
| Cobalt Blue                          | Opera Rose  |
| Yellow Ochre Or Raw Sienna           | White Gouache Or Watercolor Chinese Or Titanium White |
| Gamboge Hue                          | Cobalt Blue   |

(Bring all your colors.)

#### **BRUSHES:**

Flats: 1" or 2" flat for laying water

Rounds: Robert Simmons synthetic white sable brushes, rounds, in a variety of sizes, #12, #10, #8, #6, #4. A Robert Simmons white sable Script #2.

(Bring all your brushes.)

#### **PAPER:**

A small block of Arches cold press watercolor paper, 9x12 or larger. You will need Arches paper to practice on too.

#### **OTHER SUPPLIES:**

|   |   |
|---|---|
| Tape: White or Masking  | Table Salt                                      |
| Masking Fluid – Pebeo is a good brand   | Rubber Cement Pick-up to lift off masking fluid |
| Spray Bottle – Windex type which sprays larger droplets unlike the misting kind | Misting Bottle – to keep palette moist          |

#### **PALETTE:**

I use enamel butcher's trays. Dick Blick (below) sells these in three sizes. The larger the better. It's easier to see the colors on enamel. Some artists prefer a plastic palette with a large center mixing area with pigment wells all around-make sure the paint doesn't bead up on the plastic.

**OTHER SUPPLIES YOU WILL NEED ARE ON THE [Watercolor Basic Supply List](#)**

## Watercolor: Painting Shorebirds with Brenda Kidera

**18 yrs + / 7 classes starting Oct 9 / + \$20 ref. materials**

This class will take the fear out of painting birds by logically and methodically breaking down the painting process. Designed for both beginners (elementary knowledge necessary) and more experienced artists! Paying close attention to detail, learn how to render the form of a shore bird convincingly, from its feathers to its feet. Learn new techniques and color theory. Demonstrations and step-by-step. Reference material fee due at first class includes half sheet 300# Arches watercolor paper.

**Gary J Arthur Comm Ctr 9:30 AM-12:30 PM**  
**Tuesdays Oct 9, 16, 23, 30 Nov 6, 13, 20**

### Supply List

**PAINTS: *Bring all your colors.***

gamboge hue – Daler Rowney brand  
yellow ochre or raw sienna– Winsor & Newton  
opera rose  
pyrrol orange – Daniel Smith Brand  
permanent alizarin crimson – Winsor & Newton brand  
Winsor red  
Hooker's green deep – Grumbacher Artist's Grade brand  
French ultramarine - Winsor & Newton brand or M.Graham  
cobalt blue  
cerulean blue  
burnt sienna  
Winsor & Newton Designer's Gouache or Permanent White or Chinese White

**BRUSHES: *Bring all your brushes.***

Rounds: Robert Simmons synthetic white sable round brushes, various sizes from 14 down to 4, plus a white sable script #2.

**PAPER: \*\***

For Practice bring a watercolor block, 9x12" or larger to practice on of Arches brand *cold press 140#*. It's important to practice on paper on which we will be painting the final painting. This paper is like the 300# half sheet of cold press Arches that will be included in your materials fee.

**OTHER SUPPLIES:**

|   |                                  |
|---|----------------------------------|
| Masking Fluid – Pebeo Brand             | Ruler                            |
| Rubber Cement Pick-Up Block             | Triangle                         |
| Graphite Paper (I'll have for purchase) | Pencil and Kneaded/Gum Eraser    |
| Red, Purple or Blue Ballpoint Pen       | Tape (white or beige, no colors) |
| BIG Palette                             | Water Container, Paper Towels... |

**OTHER SUPPLIES YOU WILL NEED ARE ON THE  
Watercolor Basic Supply List**

## **Color Theory and Mixing Paint for Artists with Brenda Kidera**

**18 yrs + / 3 classes starting Nov 27 / + \$20 ref. materials**

Bring your medium of choice and writing materials for note taking. This classes covers a multitude of fundamentals and concepts. Learn about the color wheel, how to mix paints, and different ways color can be used.

**Gary J Arthur Comm Ctr 9:30 AM-12:30 PM  
Tuesdays Nov 27, Dec 4, 11**

### **PAINTS:**

**Basic colors are necessary- black, white, a cool and warm version of each red, blue, yellow:**

#### **Oil Painters:**

Titanium White, Ivory Black, Cadmium Yellow Light, Yellow Ochre, Cadmium Orange (optional), Cadmium Scarlet, Alizarin Crimson, Cobalt Blue, French Ultramarine, Prussian or Thalo Blue.

#### **Acrylic Painters:**

I use Golden Fluid bottles in the following colors:

Titanium White, Bone Black Diarylide Yellow, Yellow Ochre, Pyrrole Red, Anthraquinone Blue, Quinacridone Magenta, Jenkins Green, Ultramarine Blue, Cerulean Blue

#### **Watercolorists:**

My standard palette includes the following (Winsor & Newton Artist Grade brand except where otherwise noted).

Cadmium Yellow Pale, Gamboge Hue (Daler Rowney brand), Raw Sienna or Yellow Ochre, Opera Rose, Winsor Red, Alizarin Crimson, Cobalt Blue, Cerulean Blue, Winsor Blue Green Shade, Pyrrol Orange, French Ultramarine

### **BRUSHES:**

We will be painting basic shapes so a variety of brushes may be helpful, including rounds, flats. Bring what you have.

### **PAPER/CANVAS/GESSOBORD: – WHITE SURFACE (DO NOT prep with gray tone):**

We will be doing various exercises. Bring 6 panels/sheets of paper:

Watercolor Artists: I recommend a 9x12” block or larger of 140# Arches Cold Press watercolor paper.

Oil or Acrylic Artists: You can use inexpensive canvas board, stretched canvas, gessobord, 9x12.

### **OTHER SUPPLIES:**

**See the Basic Supply List for the medium of your choice at the beginning of this document.**

# Oil Plein Air in the Courtyard with Brenda Kidera

## 18 yrs + / Weekend Workshop September 14-15

With step-by-step instruction, learn how to paint plein air, capturing the color and light. We will work outdoors in the courtyard or outside the usual classroom and can use the chairs there or you can stand at your easel. Demonstrations and individual instruction. Bring your own supplies. Bring a bag lunch. Rain (will work indoors) or Shine.

**Gary J Arthur Comm Ctr 9:30 AM-4:00 PM  
Friday & Saturday, September 14-15**

### SUPPLY LIST:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> PLEIN AIR BOX/PALETTE<br>(French easel...)  | <input type="checkbox"/> TRASHBAG                             | <input type="checkbox"/> LUNCH/DRINKS/SNACKS                                     |
| <input type="checkbox"/> PLEIN AIR UMBRELLA (OP)   | <input type="checkbox"/> LIQUIN                               | <input type="checkbox"/> PLASTIC GARBAGE BAG OR<br>TABLECLOTH FOR DAMP<br>GROUND |
| <input type="checkbox"/> TRIPOD FOR YOUR BOX   | <input type="checkbox"/> PALETTE KNIFE                        | _____  |
| <input type="checkbox"/> 3@ 9X12 CANVASES OR<br>GESSOBORD PANELS   | <input type="checkbox"/> ODERLESS MINERAL<br>SPIRITS - GAMSOL | _____  |
| <input type="checkbox"/> BRUSHES   | <input type="checkbox"/> GAMSOL COIL CONTAINER                | _____  |
| <input type="checkbox"/> PAINTS (see list)   | <input type="checkbox"/> PREPARED GESSO PANELS                | _____  |
| <input type="checkbox"/> VIEWFINDER (I'll provide)   | GRAY OR WHITE   | _____  |
| <input type="checkbox"/> RULER   | <input type="checkbox"/> WET PAINTING CARRIER                 | _____  |
| <input type="checkbox"/> PENCILS   | <input type="checkbox"/> BABY WIPES FOR CLEANUP               | <b>SUGGESTED<br/>COLORS:</b>   |
| <input type="checkbox"/> PASTEL PENCILS  | <input type="checkbox"/> BUNGEE CORD (OP)                     | <input type="checkbox"/> TITANIUM WHITE  |
| FOR SKETCHING ON YOUR<br>CANVAS/BOARD: WHITE IF YOU<br>HAVE A GRAY BOARD, GRAY IF<br>YOU HAVE A WHITE BOARD. | <input type="checkbox"/> CLAMPS (OP)                          | <input type="checkbox"/> CADMIUM YELLOW LIGHT                                    |
| <input type="checkbox"/> SKETCHPAD   | <input type="checkbox"/> MAHL STICK                           | <input type="checkbox"/> YELLOW OCHRE  |
| <input type="checkbox"/> CALIPERS (OPTIONAL)   | <input type="checkbox"/> HAT                                  | <input type="checkbox"/> CADMIUM ORANGE (OP)                                     |
| <input type="checkbox"/> 12" TRIANGLE  | <b>OTHER</b>  | <input type="checkbox"/> CADMIUM SCARLET   |
| <input type="checkbox"/> RAGS  | <input type="checkbox"/> JACKET/SHIRT                         | <input type="checkbox"/> ALIZARIN CRIMSON  |
| <input type="checkbox"/> ROLL PAPER TOWELS   | <input type="checkbox"/> CARRYALL BAG                         | <input type="checkbox"/> BURNT SIENNA (OPTIONAL)                                 |
| <input type="checkbox"/> DIRTY BRUSH HOLDER  | <input type="checkbox"/> CAMERA OR SMART PHONE                | <input type="checkbox"/> FRENCH ULTRAMARINE                                      |
|  | <input type="checkbox"/> GLASSES                              | <input type="checkbox"/> PRUSSIAN OR THALO BLUE                                  |
|  | <input type="checkbox"/> BUG SPRAY                            | <input type="checkbox"/> IVORY BLACK   |
|  | <input type="checkbox"/> SUNBLOCK                             |  |

# Watercolor Plein Air in the Courtyard with Brenda Kidera

## 18 yrs + / Weekend Workshop September 28-29

With step-by-step instruction, learn how to paint plein air, capturing the color and light. Our image will be proportional to 9x12 so bring paper a bit larger than this. We will work outdoors in the courtyard or outside the usual classroom and can use the chairs there. Demonstrations and individual instruction. Bring your own supplies. Bring a bag lunch. Rain (will work indoors) or Shine.

**Gary J Arthur Comm Ctr 9:30 AM-4:00 PM**  
**Friday & Saturday, September 28-29**

### SUPPLY LIST:

\_\_\_ TRAVEL PAINT SET OR  
BAG OF TUBES  
\_\_\_ PALETTE  
\_\_\_ WATER JUG  
\_\_\_ WATER CONTAINER  
\_\_\_ MINI SPRAY BOTTLE  
\_\_\_ PAPER TOWELS  
\_\_\_ ERASER  
\_\_\_ PENCILS & SHARPENER  
\_\_\_ VARIETY OF BRUSHES:  
ROUNDS, FLATS, #2 LINER  
\_\_\_ INDELIBLE BLACK PEN FOR  
PEN & INK WITH WATERCOLOR  
\_\_\_ MASKING/ARTIST'S TAPE  
\_\_\_ 9X12" or a bit larger  
140# COLD PRESS  
WATERCOLOR PAD OR BLOCK  
\_\_\_ MASKING FLUID  
\_\_\_ RUBBER CEMENT PICK-UP  
\_\_\_ VIEWFINDER (I'll provide)  
\_\_\_ RULER  
\_\_\_ SMALL SKETCHPAD  
\_\_\_ HOLEY CARDS

\_\_\_ TRASHBAG  
\_\_\_ TRIPOD/EASEL (OPTIONAL)  
\_\_\_ CAMERA/SMART PHONE  
\_\_\_ PLASTIC TO SET YOUR  
STUFF ON DAMP GROUND  
\_\_\_ "TABLE" - MILK CRATE,  
BOX, A BOARD FOR YOUR LAP  
TO SIT YOUR STUFF ON

### OTHER

\_\_\_ HAT  
\_\_\_ JACKET/SHIRT  
\_\_\_ CARRYALL BAG  
\_\_\_ GLASSES  
\_\_\_ BUG SPRAY  
\_\_\_ SUNBLOCK  
\_\_\_ LUNCH/DRINKS  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### SUGGESTED COLORS:

\_\_\_ NEW GAMBOGE OR  
GAMBOGE HUE  
\_\_\_ YELLOW OCHRE  
OR RAW SIENNA  
\_\_\_ BURNT SIENNA  
\_\_\_ WINDOR RED  
\_\_\_ ALIZARIN CRIMSON  
\_\_\_ HOOKERS GREEN DARK  
\_\_\_ FRENCH ULTRAMARINE  
\_\_\_ WINSOR BLUE, GREEN  
SHADE  
OPTIONAL:  
\_\_\_ CERULEAN BLUE  
\_\_\_ COBALT BLUE  
\_\_\_ OPERA ROSE  
\_\_\_ GREEN GOLD